

LET'S STAY TOGETHER

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MUSIC: Artist: Al Green Greatest Hits Download from I Tunes \$1.29 45 RPM Suggested
Length: 3:18

FOOTWORK: Opposite (Woman in parenthesis)

RHYTHM: Roundalab Phase 4 + 1 + 2 West Coast [Whip Turn] + [Spanish Arm Pass, & Push Break
With Rock 2]

SEQUENCE: Intro-AB-ABC-C-ABC-Ending Released 03/17/2017

INTRO

- 1-4 **FACING PARTNER & LOD STACKED HANDS LEFT OVER RIGHT WAIT; BACK 2 INTO 3 SLOW DISCO LUNGES;; LADY OUT & ANCHOR;**
- 1 [Wait] Fcg ptr & LOD ld ft free with stacked hnds L over R wt;
- 2-3 [Bk To Disco Lunges] Bk & sd L, fwd R out slot start trng RF, raise L hnds ld W fwd to trn LF fwd & sd L raise R hnds to sd sldng bhnd W look R at ptr, -; Keeping hnds up start to trn LF sld bhnd W sd R, look L at ptr, Start to trn RF sd L sld bhnd W, look R at ptr (Fwd R, L start to trn LF, fwd & sd R sld in frnt of ptr, look L at ptr; Sd L sld in frnt of prt, look R at ptr, sd R sld in frnt of ptr, look L at ptr) start to fc ptr & LOD;
- 4 [Ldy Out & Anchor] Release hnds in pl R, jn ld hnds bk L, anchor bk R, rec L, bk R (Fwd L trng LF, fwd R comp trn fc ptr & RLOD, anchor bk L/R, bk L) fc ptr & LOD;

PART A

- 1-8 **LEFT SIDE PASS;;, SPANISH ARM PASS;; WRAPPED WHIP WITH OPPOSITION ROCKS;;; END WRAP WHIP; PUSH BREAK; WITH ROCK 2 & ANCHOR;**
- 1-3 [Left Side Pass] Bk L ldg lady fwd start LF trn, small bk R out of the slot comp ¼ LF trn ldg Lady to pass on L sd, sd L/cl R, fwd L trn ¼ LF fc RLOD; Anchor bk R/rec L, bk R (Fwd R, fwd L start LF trn, sd R cont trn/XLif of R cont trn, bk R comp ½ LF trn fc LOD; Anchor bk L/rec R, bk L),
- [Spanish Arm Pass] Double hnd hld bk L, XRif of L trng RF out of the slot; Sd L cont trn/cl R to L, sd L ld W to free spin RF fc LOD, anchor bk R/rec L, bk L (Fwd R, fwd L start LF trn; fwd R/cl L to R, fwd R with R shoulder ld spin RF, anchor to fc RLOD bk L/rec R, bk L);
- 4-5 [Wrapped Whip With Opp Rocks] Bk L to double hnd hold, raise lead hnds ldg Lady fwd XRif of L Trn ¼ RF sd L cont RF trn lower joined lead hnds/cl R, sd & fwd L end in wrap pos on Lady's L sd fc RLOD; Fwd R, rec L, bk R, rec L (Fwd R, fwd L, fwd R passing under joined lead hnds/cl L, bk R end In Wrapped Pos; Release trailing hnds, bk L, rec R, fwd L, rec R);
- 6 [End Wrap Whip] Fwd R start to trn RF sd & fwd L comp ½ RF trn to LOP LOD, anchor bk R, rec L, bk R (Bk L, bk R, anchor bk L/rec R, bk L);
- 7-8 [Push Break With Rock 2] Bk L, small bk R double hnd hold push ldy bk, bk L/cl R, fwd L; Rk bk R, rec L, anchor bk R/rec L, bk R (Fwd R, fwd L, with double hnd hold small rk fwd R/rec L, bk R; Rk fwd L, rec R, anchor bk L/rec R, bk L);

PART B

- 1-8 **WHIP TURN;;; MAN'S UNDERARM JOIN RIGHT HANDS INTO;;, RIGHT SIDE PASS; KEEP RIGHT HANDS; PASSING SHADOW TUCK & SPIN;;, UNDERARM TURN;;;**
- 1-2 [Whip Turn] Bk L, XRif of L moving twd R sd of W blend loose CP, swivel ¼ RF on R sd L/rec R trng ¼ RF, fwd L CP fc RLOD; XRif of L start RF trn, sd & fwd L comp ½ RF trn LOP fcg LOD, anchor bk R/L, bk R (Fwd R, fwd L trn ½ RF, bk R/cl L, fwd R btwn M's ft to CP LOD; Swivel sharply RF on R, bk L, bk R, anchor bk L/R, bk L);
- 3-5 [Man's Underarm] Bk L, sd & fwd R twd W's L sd raising lead hnds fcg LOD; Loop ld hnds over head and rel in pl L/R, L; Jn R hnds in bk anchor bk R/rec L, bk R (Fwd R, fwd L start LF trn, sd R cont trn/XLif of R cont trn; Bk R comp ½ LF trn fc LOD bhnd M jn R hnds, anchor bk L/rec R, bk L),

Part B contd

[Right Side Pass] Sd & fwd L ld W fwd, rec R; Fwd L/rec R, fwd L, anchor bk R/rec L, bk R (Fwd R, fwd L start LF trn; Sd R cont trn/XLif of R cont trn, bk R fc RLOD, join keep R hnds held anchor bk L/rec R, bk L);

- 6-8 [Passing Shadow Tuck & Spin] Bk L, fwd R trn ¼ LF out of the slot ld W fwd in pl L/R pat W on bk ld her to spin RF, in pl L fc ptr & RLOD; Anchor bk R/rec L, bk R (Fwd R, fwd L, trn LF ¼ sd R/cl L, fwd R spinning RF; Fc LOD anchor bk L/rec R, bk L) jn ld hnds,
[Underarm Turn] Bk L, raise ld hnds XRif of L trng RF pass W on her R sd; Sd L/cl R, sd & fwd L comp RF trn fc LOD, anchor bk R/rec L, bk R (Fwd R, fwd L start LF trn under ld hnds; Sd R cont trn/XLif of R cont trn, bk R comp trn fc RLOD, anchor bk L/rec R, bk L);

Repeat A

Repeat B

PART C

- 1-8 WRAPPED WHIP; WITH WHEEL 4; WITH ANCHOR EXIT FACE RLOD,, MAN'S UNDERARM TURN;;; TUCK & SPIN;;, SUGAR TO 3 SLOW SIDE ROCKS & ANCHOR;;;
- 1-4 [Wrapped Whip With Wheel 4 & Anchor] Bk L to double hnd hold, raise lead hnds ldg Lady fwd XRif of L trn ¼ RF sd L cont RF trn lower joined lead hnds/cl R, sd & fwd L end wrap pos on W's L sd; Wheel RF fwd R, L, R, L rel ld hnds ld W to trn RF fc RLOD (Fwd R, fwd L, fwd R passing under jn ld hnds/cl L, bk R end in Wrapped Pos; Wheel RF bk L, R, L, R release ld hnds cont RF trn; Comp trn anchor bk L/rec R, bk L fc LOD) jn ld hnds;
[Man's Underarm Trn] Bk L, fwd & sd R twd Lady's L sd raising lead hnds start RF trn; Sd L cont trn/bk & sd R comp ½ RF trn fc LOD, fwd L, anchor bk R/rec L, bk R (Fwd R, fwd L start LF trn; Sd R cont trn/XLif of R cont trn, bk R comp ½ LF trn fc ptr & RLOD, anchor bk L/rec R, bk L);
- 5-8 [Tuck & Spin] Bk L, bk R bring lead hnd to ctr ldg W to a R sd lead; Tap L fwd with L sd lead, fwd L ld W to spin RF; Anchor bk R/rec L, bk R (Fwd R, fwd L with slight trn LF, teh R to L, trn ½ RF fwd R spin ½ RF fc ptr RLOD; Anchor bk L/rec R, bk L),
[Sugar To 3 Slw Sd Rks & Anchor] Bk L, bk R trng 1/8 LF; Blend to loose CP fcg DC rk sd & bk L, -, rk sd & fwd R, -; Rk sd & bk L, -, blend to LOP fc LOD anchor bk R/rec L, bk L (Fwd R, fwd L; Blend to loose CP fcg DRW sd & fwd R, -, rk sd & bk L, -; Rk sd & fwd R, -, blend to LOP fcg RLOD anchor bk L/rec R, bk L);

Repeat C

Repeat A

Repeat B

Repeat C

END

- 1-6 WRAPPED WHIP; WITH WHEEL 4; WITH ANCHOR EXIT FACE RLOD,, MAN'S UNDERARM TURN; STACK HANDS LEFT OVER RIGHT; BACK 2 INTO SLOW DISCO LUNGE; HOLD;
- 1-4 Repeat meas 1-4 of part C end of meas 4 stack hnds L over R;;;
- 5-6 [Bk To Disco Lunge] Bk & sd L, fwd R out slot start trng RF, raise L hnds ld W fwd to trn LF fwd & sd L raise R hnds to sd sldng bhnd W look R at ptr, -; Hold, -, -, - (Fwd R, L start to trn LF, fwd & sd R sld in frnt of ptr, look L at ptr; Hold, -, -, -);